

# Fitness classes

## Hatchford Brook Golf Course

Accurate as of 28/09/2026

| Times for Thursday 1 October |             |              |            |
|------------------------------|-------------|--------------|------------|
| Time                         | Session     | Facility     | Instructor |
| 4:30 pm - 5:15 pm            | Block Fit   | Gym (167948) | Nikki      |
| 5:30 pm - 6:15 pm            | Body Sculpt | Gym (167948) | Nikki      |
| 6:30 pm - 7:15 pm            | Zumba®      | Gym (167948) | Nikki      |