

# Fitness sessions

## The Waudby Centre

Accurate as of 23/10/2026

| Times for Tuesday 6 October |                    |          |  |
|-----------------------------|--------------------|----------|-------------------------------------------------------------------------------------|
| Time                        | Session            | Facility |                                                                                     |
| 12:15 pm - 7:15 pm          | Gym Open to Public | Gym      |                                                                                     |