

# group exercise programme

## East Radnor Leisure Centre

Accurate as of 28/05/2026

### Times for Tuesday 2 June



Time	Session	Facility	Level
9:15 am - 10:00 am	Mamau Egnïol / Active Mums	Sports Hall	all levels
5:30 pm - 6:15 pm	Pilates	Sports Hall	all levels