group exercise programme

East Radnor Leisure Centre

Accurate as of 24/11/2026

Times for Friday 27 November

Time	Session	Facility	Level
7:15 am - 8:00 am	Boot Camp	Sports Hall	all levels
8:00 am - 8:30 am	Stretch & Tone	Sports Hall	all levels
1:15 pm - 1:45 pm	Fit in 30	Sports Hall	all levels