Clacton Leisure Centre Aerobic Timetables

Clacton Leisure Centre

Accurate as of 10/11/2026

Times for Friday 13 November

Time	Session	Facility
07:00 - 07:45	Spinning	Studio 2
08:00 - 08:45	POWER	Studio
09:30 - 11:00	Hatha Yoga	Studio
10:30 - 11:30	Active for Life	Main Hall
11:15 - 12:15	Hatha Yoga	Studio
13:00 - 13:45	Spinning	Studio 2
18:30 - 19:45	Hatha Yoga	Studio