

Fitness Class Timetable

Tandragee Recreation Centre

Accurate as of 18/05/2024

Times for Tuesday 30 April

Time	Session	Facility
15:30 - 17:00	Teen Gym	Gym
19:00 - 20:00	Legs Bums & Tums (LBT)	Main Hall
20:00 - 21:00	Pilates	Main Hall