

# Fitness Class Timetable

## Dromore Community Centre

Accurate as of 03/05/2024

### Times for Thursday 23 January



Time	Session	Facility	Type
15:15 - 18:00	Gymnastics	Fitness Studio	Cardio
18:30 - 19:15	Body Pump	Fitness Studio	Cardio
19:00 - 20:00	Circuits	Fitness Studio	Cardio