

Fitness Class Timetable

Dromore Community Centre

Accurate as of 06/05/2024

Times for Thursday 30 January			
Time	Session	Facility	Type
15:15 - 18:00	Gymnastics	Fitness Studio	Cardio
18:30 - 19:15	Body Pump	Fitness Studio	Cardio
19:00 - 20:00	Circuits	Fitness Studio	Cardio