Fitness Class Timetable

Dromore Community Centre

Accurate as of 13/11/2026

Times for Thursday 19 November

Time	Session	Facility	Type
15:15 - 18:00	Gymnastics	Fitness Studio	Cardio
18:30 - 19:15	Body Pump	Fitness Studio	Cardio
19:00 - 20:00	Circuits	Fitness Studio	Cardio