

Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 19/06/2026

Times for Thursday 25 June



| Time | Session | Facility |
|---------------|-------------------|----------|
| 06:40 - 07:40 | BODYCOMBAT™ | Studio 2 |
| 07:45 - 08:15 | GRIT™ Strength | Studio 2 |
| 08:25 - 09:25 | BODYATTACK™ | Studio 2 |
| 12:30 - 13:30 | BODYCOMBAT™ | Studio 2 |
| 15:10 - 16:10 | BODYBALANCE™ | Studio 2 |
| 19:00 - 20:00 | BODYPUMP™ Virtual | Studio 2 |
| 20:20 - 21:20 | BODYBALANCE™ | Studio 2 |