Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 23/11/2026

Times for Thursday 5 November

Time	Session	Facility
06:40 - 07:40	BODYCOMBAT™	Studio 2
07:45 - 08:15	GRIT™ Strength	Studio 2
08:25 - 09:25	BODYATTACK™	Studio 2
12:30 - 13:30	BODYCOMBAT™	Studio 2
15:10 - 16:10	BODYBALANCE™	Studio 2
19:00 - 20:00	BODYPUMP™ Virtual	Studio 2
20:20 - 21:20	BODYBALANCE™	Studio 2