Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 23/11/2026

Times for Friday 6 November

Time	Session	Facility
06:40 - 07:40	BODYPUMP™	Studio 2
07:50 - 08:50	BODYBALANCE™	Studio 2
12:50 - 13:50	BODYATTACK™	Studio 2
14:00 - 14:30	BARRE™	Studio 2
15:40 - 16:40	BODYBALANCE™	Studio 2
16:50 - 17:20	CORE™	Studio 2
17:30 - 18:00	GRIT™ Cardio	Studio 2
18:10 - 19:10	BODYCOMBAT™	Studio 2
19:20 - 20:20	BODYPUMP™	Studio 2
20:35 - 21:20	LES MILLS DANCE™ Virtual	Studio 2