Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 23/11/2026

Times for Sunday 8 November

Time	Session	Facility
08:10 - 09:10	BODYATTACK™	Studio 2
09:20 - 10:20	BODYPUMP™ Virtual	Studio 2
10:55 - 11:55	BODYBALANCE™	Studio 2
12:05 - 13:05	BODYCOMBAT™	Studio 2
13:15 - 13:45	GRIT™ Cardio	Studio 2
14:00 - 15:00	BODYPUMP™	Studio 2
15:10 - 16:10	BODYATTACK™	Studio 2
16:20 - 17:20	BODYCOMBAT™	Studio 2
17:30 - 18:00	BARRE™	Studio 2