Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 23/11/2026

Times for Tuesday 10 November

Time	Session	Facility
06:40 - 07:40	BODYCOMBAT™	Studio 2
07:45 - 08:15	CORE™	Studio 2
08:15 - 08:45	BARRE™	Studio 2
12:00 - 13:00	BODYPUMP™	Studio 2
13:05 - 14:05	BODYATTACK™	Studio 2
14:15 - 15:00	LES MILLS DANCE™ Virtual	Studio 2
15:10 - 15:40	BARRE™	Studio 2
16:00 - 16:30	GRIT™ Strength	Studio 2
16:45 - 17:45	BODYPUMP™	Studio 2
18:00 - 19:00	BODYCOMBAT™	Studio 2
19:20 - 20:20	BODYBALANCE™	Studio 2
20:20 - 21:20	BODYATTACK™	Studio 2