Les Mills Virtual™ Timetable

Evesham Leisure Centre

Accurate as of 23/11/2026

Times for Saturday 28 November

Time	Session	Facility
08:10 - 08:40	GRIT™ Athletic	Studio 2
11:10 - 12:10	BODYPUMP™	Studio 2
12:20 - 13:20	BODYATTACK™	Studio 2
13:30 - 14:00	BARRE™	Studio 2
14:10 - 15:10	BODYPUMP™	Studio 2
15:20 - 16:05	LES MILLS DANCE™ Virtual	Studio 2
16:15 - 17:15	BODYCOMBAT™	Studio 2
17:25 - 17:55	CORE™	Studio 2