

swimming pool programme

The Nene Centre

Accurate as of 17/05/2025

Times for Thursday 29 October



Time	Session	Facility	Level
6:30 am - 8:00 am	Lane Swimming	main pool	
8:00 am - 9:00 am	Lane Swimming	main pool	
8:00 am - 9:00 am	Lane Swimming	main pool	
9:00 am - 10:00 am	Lane Swimming	main pool	
9:00 am - 10:00 am	Open Swim	main pool	
10:00 am - 12:00 pm	Swim School	main pool	
10:00 am - 12:00 pm	Swim School	main pool	
12:00 pm - 1:00 pm	Lane Swimming	main pool	
12:00 pm - 1:00 pm	Lane Swimming	main pool	
1:00 pm - 2:00 pm	Lane Swimming	main pool	
1:00 pm - 2:00 pm	Family Swim	main pool	
2:00 pm - 3:00 pm	Lane Swimming	main pool	
2:00 pm - 3:00 pm	Family Swim	main pool	
3:00 pm - 7:00 pm	Swim School	main pool	
3:00 pm - 7:00 pm	Swim School	main pool	
7:15 pm - 7:45 pm	Aqua Aerobics	main pool	
7:15 pm - 8:00 pm	Aqua Aerobics	main pool	
8:00 pm - 9:00 pm	Lane Swimming	main pool	