

swimming pool programme

The Nene Centre

Accurate as of 19/04/2024

Times for Friday 10 December



| Time | Session | Facility | Level |
|---------------------|-----------------|-----------|-------|
| 6:30 am - 9:00 am | Lane Swimming | main pool | |
| 9:00 am - 10:00 am | Aqua Zumba | main pool | |
| 10:00 am - 11:00 am | Swim School | main pool | |
| 12:00 pm - 1:00 pm | Lane Swimming | main pool | |
| 1:00 pm - 3:00 pm | School Swimming | main pool | |
| 3:30 pm - 6:00 pm | Swim School | main pool | |
| 6:00 pm - 7:00 pm | Open Swim | main pool | |
| 7:00 pm - 9:00 pm | Swim Club | main pool | |