

# swimming pool programme

## The Nene Centre

Accurate as of 06/05/2024

### Times for Wednesday 15 December



Time	Session	Facility	Level
6:30 am - 9:00 am	Lane Swimming	main pool	
9:00 am - 10:00 am	Open Swim	main pool	
10:00 am - 11:00 am	Aqua Aerobics	main pool	
11:00 am - 12:00 pm	Swim School	main pool	
11:00 am - 12:00 pm	Open Swim (mid to deep end only)	main pool	
12:00 pm - 1:00 pm	Lane Swimming	main pool	
3:30 pm - 7:00 pm	Swim School	main pool	
7:10 pm - 9:15 pm	Swim Club	main pool	
9:15 pm - 10:00 pm	Lane Swimming	main pool	