

swimming pool programme

The Nene Centre

Accurate as of 20/04/2024

Times for Thursday 6 April



Time	Session	Facility	Level
6:30 am - 9:00 am	Lane Swimming	main pool	
9:00 am - 10:00 am	Open Swim	main pool	
10:00 am - 12:00 pm	Swim School	main pool	
11:00 am - 12:00 pm	Open Swim (mid to deep end only)	main pool	
12:00 pm - 1:00 pm	Lane Swimming	main pool	
1:00 pm - 2:30 pm	Family Swim	main pool	
2:30 pm - 3:15 pm	Lane Swimming	main pool	
3:45 pm - 7:15 pm	Swim School	main pool	
7:30 pm - 8:30 pm	Aqua Aerobics	main pool	
8:30 pm - 10:00 pm	Lane Swimming	main pool	all levels