

swimming pool programme

Splash Leisure Pool (Rushden)

Accurate as of 25/04/2024

Times for Monday 30 November



| Time | Session | Facility | Level |
|---------------------|---------------------|-----------|-------|
| 6:30 am - 7:30 am | Lane Swimming (12+) | main pool | |
| 7:30 am - 9:00 am | Open Swim | main pool | |
| 9:00 am - 10:30 am | Adult Swim | main pool | |
| 10:30 am - 12:00 pm | Open Swim | main pool | |
| 12:00 pm - 2:00 pm | Lane Swimming (12+) | main pool | |
| 7:00 pm - 8:00 pm | Open Swim | main pool | |
| 8:00 pm - 10:00 pm | Swim Club | main pool | |