

# swimming pool programme

## Splash Leisure Pool (Rushden)

Accurate as of 10/04/2024

Times for Tuesday 21 September			
Time	Session	Facility	Level
6:30 am - 7:30 am	Lane Swimming (12+)	main pool	
7:30 am - 9:00 am	Open Swim	main pool	
4:00 pm - 7:00 pm	Swim School	main pool	
7:15 pm - 8:00 pm	Aqua Aerobics	main pool	
8:00 pm - 10:00 pm	Swim Club	main pool	