

swimming pool programme

Splash Leisure Pool (Rushden)

Accurate as of 09/04/2024

Times for Wednesday 22 September			
Time	Session	Facility	Level
6:30 am - 7:30 am	Lane Swimming (12+)	main pool	
7:30 am - 9:00 am	Open Swim	main pool	
10:30 am - 11:30 am	Little Splashers	teaching pool	
10:45 am - 11:30 am	Aqua Aerobics	main pool	
3:30 pm - 7:30 pm	Swim School	main pool	