

# swimming pool programme

## Splash Leisure Pool (Rushden)

Accurate as of 16/05/2024

Times for Sunday 31 March			
Time	Session	Facility	Level
8:00 am - 9:00 am	Lane Swimming (12+)	main pool	
9:00 am - 10:00 am	Open Swim	main pool	
10:00 am - 11:00 am	Family Swim	main pool	
11:00 am - 12:00 pm	Family Swim	main pool	
12:00 pm - 1:00 pm	Fun Floats Flume	main pool	
1:00 pm - 2:00 pm	Open Swim	main pool	
1:30 pm - 3:30 pm	Swim School	teaching pool	
2:00 pm - 2:50 pm	Open Swim	main pool	
3:00 pm - 7:00 pm	Swim Club	main pool	