

# swimming pool programme

## Splash Leisure Pool (Rushden)

Accurate as of 01/05/2024

### Times for Sunday 31 March



| Time                | Session             | Facility      | Level |
|---------------------|---------------------|---------------|-------|
| 8:00 am - 9:00 am   | Lane Swimming (12+) | main pool     |       |
| 9:00 am - 10:00 am  | Open Swim           | main pool     |       |
| 10:00 am - 11:00 am | Family Swim         | main pool     |       |
| 11:00 am - 12:00 pm | Family Swim         | main pool     |       |
| 12:00 pm - 1:00 pm  | Fun Floats Flume    | main pool     |       |
| 1:00 pm - 2:00 pm   | Open Swim           | main pool     |       |
| 1:30 pm - 3:30 pm   | Swim School         | teaching pool |       |
| 2:00 pm - 2:50 pm   | Open Swim           | main pool     |       |
| 3:00 pm - 7:00 pm   | Swim Club           | main pool     |       |