swimming pool programme Splash Leisure Pool (Rushden)

Accurate as of 15/05/2024

Times for Monday 1 April			•	9
Time	Session	Facility	Level	
6:30 am - 7:30 am	Lane Swimming (12+)	main pool		
7:30 am - 9:00 am	Open Swim	main pool		
9:00 am - 10:00 am	Adult Swim	main pool		
10:00 am - 11:00 am	Open Swim	main pool		
11:00 am - 12:00 pm	Family Swim	main pool		
12:00 pm - 1:00 pm	Lane Swimming (12+)	main pool		
1:00 pm - 2:00 pm	Fun Floats Flume	main pool		
2:00 pm - 3:00 pm	Fun Floats Flume	main pool		
3:00 pm - 3:45 pm	Open Swim	main pool		
4:00 pm - 7:00 pm	Swim School	main pool		
7:00 pm - 8:00 pm	Open Swim	main pool		
8:00 pm - 10:00 pm	Swim Club	main pool		