swimming pool programme
Splash Leisure Pool (Rushden)

Accurate as of 16/05/2024

Times for Wednesday 3 April

Time	Session	Facility	Level
6:30 am - 7:30 am	Lane Swimming (12+)	main pool	
7:30 am - 9:00 am	Open Swim	main pool	
9:00 am - 10:00 am	Open Swim	main pool	
10:00 am - 10:45 am	Open Swim	main pool	
10:30 am - 11:30 am	Little Splashers	teaching pool	
10:45 am - 11:30 am	Aqua Aerobics	main pool	
11:30 am - 12:30 pm	Lane Swimming (12+)	main pool	
12:30 pm - 1:30 pm	Family Swim	main pool	
1:30 pm - 2:30 pm	Fun Floats Flume	main pool	
2:45 pm - 3:45 pm	Inflatable Fun	main pool	
3:30 pm - 7:30 pm	Swim School	main pool	
7:00 pm - 8:00 pm	Swim Club	main pool	
8:00 pm - 9:00 pm	Open Swim	main pool	
9:00 pm - 10:00 pm	Lane Swimming (12+)	main pool	