

# Swimming Timetable

## Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 26/04/2024

### Times for Wednesday 22 September



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
10:30 am - 11:15 am	Aqua Blast Aerobics	Main Pool		Water Based
6:00 pm - 7:00 pm	iSwim Swimming Lessons	Main Pool		Swimming
7:15 pm - 8:00 pm	Aqua Blast Aerobics	Main Pool		Water Based