

Swimming Timetable

Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 17/04/2026

Times for Thursday 5 May



| Time | Session | Facility | Level | Type |
|---------------------|------------------------|---------------|------------|----------|
| 7:00 am - 8:00 am | Lane Swim | Main Pool | Fast | Swimming |
| 7:00 am - 8:00 am | Family Swim | Teaching Pool | All Levels | Swimming |
| 8:30 am - 9:30 am | Lane Swim | Main Pool | Fast | Swimming |
| 8:30 am - 9:30 am | Family Swim | Teaching Pool | All Levels | Swimming |
| 10:00 am - 11:00 am | Lane Swim | Main Pool | Fast | Swimming |
| 5:30 pm - 6:30 pm | Family Swim | Teaching Pool | All Levels | Swimming |
| 5:30 pm - 6:30 pm | Lane Swim | Main Pool | Fast | Swimming |
| 5:30 pm - 6:30 pm | iSwim Swimming Lessons | Main Pool | | Swimming |
| 6:30 pm - 8:30 pm | Adult Swimming Lessons | Main Pool | | Swimming |
| 8:15 pm - 9:15 pm | Lane Swim | Main Pool | Fast | Swimming |
| 8:15 pm - 9:15 pm | Family Swim | Teaching Pool | All Levels | Swimming |