

# Swimming Timetable

## Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 17/05/2024

### Times for Tuesday 16 April



Time	Session	Facility	Level	Type
7:00 am - 9:00 am	Staff Training	Main Pool		Swimming
7:00 am - 9:00 am	Staff Training	Teaching Pool		Swimming
10:00 am - 11:00 am	Lane Swim	Main Pool	Fast	Swimming
10:00 am - 11:00 am	Family Swim	Teaching Pool	All Levels	Swimming
10:00 am - 11:00 am	Lane Swim	Main Pool	Slow	Swimming
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Fast	Swimming
1:00 pm - 2:00 pm	Family Swim	Teaching Pool	All Levels	Swimming
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Slow	Swimming
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Fast	Swimming
3:00 pm - 4:00 pm	Family Swim	Teaching Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Slow	Swimming
4:00 pm - 5:00 pm	Public Swim	Main Pool	All Levels	Swimming
4:00 pm - 5:00 pm	iSwim Swimming Lessons	Teaching Pool		Swimming
5:00 pm - 7:00 pm	iSwim Swimming Lessons	Main Pool		Swimming
7:00 pm - 8:00 pm	Public Swim	Main Pool	All Levels	Swimming
7:00 pm - 8:00 pm	Family Swim	Teaching Pool	All Levels	Swimming
8:30 pm - 9:30 pm	Lane Swim	Main Pool	Fast	Swimming
8:30 pm - 9:30 pm	Family Swim	Teaching Pool	All Levels	Swimming
8:30 pm - 9:30 pm	Lane Swim	Main Pool	Slow	Swimming