

Swimming Timetable

Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 17/05/2024

Times for Wednesday 17 April



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
7:00 am - 8:00 am	Family Swim	Teaching Pool	All Levels	Swimming
8:30 am - 9:30 am	Lane Swim	Main Pool	Fast	Swimming
8:30 am - 9:30 am	Lane Swim	Main Pool	Slow	Swimming
8:30 am - 9:30 am	Family Swim	Teaching Pool	All Levels	Swimming
10:30 am - 11:15 am	Aqua Blast Aerobics	Main Pool		Water Based
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Fast	Swimming
3:00 pm - 4:00 pm	Family Swim	Teaching Pool	NA	Swimming
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Slow	Swimming
4:00 pm - 5:00 pm	iSwim Swimming Lessons	Teaching Pool		Swimming
6:00 pm - 7:00 pm	iSwim Swimming Lessons	Main Pool		Swimming
7:15 pm - 8:00 pm	Aqua Blast Aerobics	Main Pool		Water Based
8:00 pm - 9:30 pm	Swim Club	Main Pool		Swimming
8:00 pm - 9:30 pm	Swim Club	Teaching Pool		Swimming