## **Swimming Timetable**

## Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 17/05/2024

Times for Thursday 18 April					
Time	Session	Facility	Level	Туре	
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming	
7:00 am - 8:00 am	Family Swim	Teaching Pool	All Levels	Swimming	
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming	
8:30 am - 9:30 am	Lane Swim	Main Pool	Fast	Swimming	
8:30 am - 9:30 am	Family Swim	Teaching Pool	All Levels	Swimming	
8:30 am - 9:30 am	Lane Swim	Main Pool	Slow	Swimming	
10:00 am - 11:00 am	Lane Swim	Main Pool	Fast	Swimming	
10:00 am - 11:00 am	Lane Swim	Main Pool	Slow	Swimming	
10:00 am - 11:00 am	Family Swim	Teaching Pool	All Levels	Swimming	
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Slow	Swimming	
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Fast	Swimming	
1:00 pm - 2:00 pm	Family Swim	Teaching Pool	All Levels	Swimming	
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Fast	Swimming	
3:00 pm - 4:00 pm	Family Swim	Teaching Pool	All Levels	Swimming	
3:00 pm - 4:00 pm	Lane Swim	Main Pool	Slow	Swimming	
4:00 pm - 5:00 pm	iSwim Swimming Lessons	Teaching Pool		Swimming	
4:00 pm - 5:00 pm	Public Swim	Main Pool	All Levels	Swimming	
5:30 pm - 6:30 pm	Family Swim	Teaching Pool	All Levels	Swimming	
5:30 pm - 6:30 pm	Lane Swim	Main Pool	Fast	Swimming	
5:30 pm - 6:30 pm	iSwim Swimming Lessons	Main Pool		Swimming	

Time	Session	Facility	Level	Туре
6:30 pm - 8:30 pm	Adult Swimming Lessons	Main Pool		Swimming
8:15 pm - 9:15 pm	Lane Swim	Main Pool	Fast	Swimming
8:15 pm - 9:15 pm	Family Swim	Teaching Pool	All Levels	Swimming
8:15 pm - 9:15 pm	Lane Swim	Main Pool	Slow	Swimming