Swimming Timetable

Impulse Leisure - Blackshots

Accurate as of 23/04/2024

Times for Monday 20 September

Time	Session	Facility	Level	Type
5:15 am - 7:00 am	Swim Club	Main Pool	NA	Swimming
7:30 am - 8:30 am	Lane Swim	Main Pool	Fast	Swimming
8:00 am - 8:45 am	Aqua workout	Boom		Water Based
9:00 am - 10:00 am	Lane Swim	Main Pool	Fast	Swimming
10:30 am - 11:30 am	Public Swim	Main Pool		Swimming
12:00 pm - 1:00 pm	Family Swim	Teaching Pool		Swimming
1:30 pm - 2:30 pm	Lane Swim	Main Pool	Fast	Swimming
4:00 pm - 5:00 pm	Public Swim	Main Pool		Swimming
4:00 pm - 7:30 pm	iSwim Swimming Lessons	Teaching Pool		Swimming
4:00 pm - 7:30 pm	iSwim Swimming Lessons	Boom		Swimming
4:30 pm - 7:00 pm	iSwim Swimming Lessons	Main Pool		Swimming
5:00 pm - 6:00 pm	Lane Swim	Main Pool		Swimming
8:00 pm - 8:30 pm	Aqua workout	Boom		Water Based
8:00 pm - 8:45 pm	Lane Swim	Main Pool	Fast	Swimming