Swimming Timetable

Impulse Leisure - Corringham

Accurate as of 12/10/2024

Times for Friday 24 September

Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool		Swimming
9:15 am - 10:00 am	Aqua workout	Main Pool		Water Based
11:00 am - 1:00 pm	Waders	Main Pool		Swimming
3:00 pm - 4:00 pm	Public Swim	Main Pool		Swimming
3:00 pm - 4:00 pm	Public Swim	Teaching Pool		Swimming
4:00 pm - 6:00 pm	iSwim Swimming Lessons	Teaching Pool		Swimming
4:00 pm - 8:15 pm	iSwim Swimming Lessons	Main Pool		Swimming