

# Swimming Timetable

## Impulse Leisure - Corringham

Accurate as of 24/04/2026

### Times for Thursday 30 April



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Public Swim	Teaching Pool	All Levels	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
9:00 am - 10:00 am	Public Swim	Main Pool	All Levels	Swimming
9:00 am - 10:30 am	Private Hire	Teaching Pool	NA	Swimming
10:30 am - 11:30 am	Lane Swim	Main Pool	Fast	Swimming
10:30 am - 11:30 am	Lane Swim	Main Pool	Slow	Swimming
12:00 pm - 1:00 pm	Lane Swim	Main Pool	Fast	Swimming
12:00 pm - 1:00 pm	Lane Swim	Main Pool	Slow	Swimming
3:00 pm - 4:00 pm	Public Swim	Main Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Public Swim	Teaching Pool	All Levels	Swimming
4:30 pm - 5:30 pm	Public Swim	Main Pool	All Levels	Swimming
6:00 pm - 7:00 pm	Public Swim	Teaching Pool	All Levels	Swimming
8:00 pm - 10:00 pm	Swim Club	Main Pool	NA	Swimming