

Swimming Timetable

Impulse Leisure - Corringham

Accurate as of 10/09/2026

Times for Saturday 12 September				
Time	Session	Facility	Level	Type
6:00 am - 8:00 am	Swim Club	Main Pool	NA	Swimming
8:00 am - 12:15 pm	iSwim Swimming Lessons	Main Pool	NA	Swimming
8:00 am - 12:15 pm	iSwim Swimming Lessons	Teaching Pool	NA	Swimming
12:30 pm - 1:30 pm	Public Swim	Main Pool	All Levels	Swimming
12:30 pm - 1:30 pm	Public Swim	Teaching Pool	All Levels	Swimming
2:00 pm - 3:00 pm	Public Swim	Main Pool	All Levels	Swimming
2:00 pm - 3:00 pm	Public Swim	Teaching Pool	All Levels	Swimming