

Swimming Timetable

Impulse Leisure - Corringham

Accurate as of 10/09/2026

Times for Sunday 13 September				
Time	Session	Facility	Level	Type
8:00 am - 9:00 am	Lane Swim	Main Pool	Fast	Swimming
8:00 am - 9:00 am	Public Swim	Teaching Pool	All Levels	Swimming
8:00 am - 9:00 am	Lane Swim	Main Pool	Slow	Swimming
9:30 am - 10:30 am	Public Swim	Main Pool	All Levels	Swimming
9:30 am - 10:30 am	Public Swim	Teaching Pool	All Levels	Swimming
11:00 am - 12:00 pm	Private Hire	Main Pool	NA	Swimming
12:30 pm - 1:30 pm	Fun Splash	Main Pool	All Levels	Swimming
2:15 pm - 3:15 pm	Fun Splash	Main Pool	All Levels	Swimming