

public swimming programme

Stafford Leisure Centre

Accurate as of 21/05/2026

Times for Friday 8 May



Time	Session	Facility	Level
6:30 am - 9:15 am	Lane Swim	main pool	
9:00 am - 12:30 pm	Swim School	teaching pool	
9:30 am - 10:30 am	GP Referral Swim	main pool	
10:30 am - 11:15 am	Aqua Zumba	main pool	
11:30 am - 1:30 pm	Lane Swim	main pool	
12:30 pm - 1:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
1:15 pm - 2:30 pm	Swim For All (Half Pool)	main pool	
1:15 pm - 2:30 pm	Lane Swim (Half Pool)	main pool	
1:30 pm - 2:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
2:30 pm - 3:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
2:30 pm - 3:55 pm	Adult Swim	main pool	
3:30 pm - 7:00 pm	Swim School	teaching pool	
4:00 pm - 9:00 pm	Swim School	main pool	
6:00 pm - 8:00 pm	Swim For All (Half Pool)	main pool	
7:00 pm - 8:00 pm	Swim for All	teaching pool	
7:00 pm - 9:00 pm	Swim Club	main pool	
8:00 pm - 9:00 pm	Adult Swim	main pool	
9:00 pm - 10:00 pm	Lane Swim	main pool	