

public swimming programme

Stafford Leisure Centre

Accurate as of 19/06/2026

Times for Monday 22 June



Time	Session	Facility	Level
6:30 am - 9:00 am	Lane Swim	main pool	
9:00 am - 10:30 am	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
9:00 am - 12:00 pm	Swim For All (Half Pool)	main pool	
9:00 am - 12:00 pm	Lane Swim (Half Pool)	main pool	
9:30 am - 10:30 am	Swim School	teaching pool	
10:30 am - 11:30 am	Aqua Flow	teaching pool	
11:30 am - 12:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
12:00 pm - 1:15 pm	Lane Swim	main pool	
12:45 pm - 2:45 pm	School Swimming	teaching pool	
1:30 pm - 2:45 pm	School Swimming	main pool	
3:00 pm - 3:55 pm	Adult Swim	main pool	
3:30 pm - 7:30 pm	Swim School	teaching pool	
4:00 pm - 6:30 pm	Swim School	main pool	
6:30 pm - 7:30 pm	Swim Club	main pool	
7:30 pm - 8:30 pm	Triathlon Club	main pool	
7:30 pm - 8:30 pm	Lane Swimming (2 lanes)	main pool	
8:30 pm - 10:00 pm	Lane Swim	main pool	