

# public swimming programme

## Stafford Leisure Centre

Accurate as of 19/06/2026

### Times for Tuesday 23 June



Time	Session	Facility	Level
6:30 am - 9:00 am	Lane Swim	main pool	
9:00 am - 10:00 am	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
9:00 am - 12:00 pm	Swim For All (Half Pool)	main pool	
9:30 am - 11:30 am	Adult Lessons	main pool	
10:00 am - 11:00 am	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
12:00 pm - 1:30 pm	Lane Swim	main pool	
12:00 pm - 1:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
1:30 pm - 2:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
1:30 pm - 3:00 pm	Lane Swim (Half Pool)	main pool	
1:30 pm - 3:00 pm	Swim For All (Half Pool)	main pool	
2:30 pm - 3:30 pm	Toddler Splash (Parent & Under 5 yrs)	teaching pool	
3:00 pm - 3:55 pm	Women Only	main pool	
4:00 pm - 7:00 pm	Swim School	teaching pool	
4:00 pm - 7:30 pm	Swim School	main pool	
6:00 pm - 7:00 pm	Swim For All (Half Pool)	main pool	
6:00 pm - 7:00 pm	Lane Swimming (1 Lane)	main pool	
7:00 pm - 8:00 pm	Swim for All	teaching pool	
7:00 pm - 8:00 pm	Lane Swimming (1 Lane)	main pool	
7:00 pm - 8:00 pm	Swim For All (Half Pool)	main pool	
8:00 pm - 9:00 pm	Gentle Swim	main pool	
9:00 pm - 10:00 pm	Lane Swim	main pool	