group exercise programme
Tandridge Leisure Centre

Accurate as of 12/10/2024

Times for Tuesday 22 June

Time	Session	Facility	Level
9:30 am - 10:30 am	Strength and Tone	Studio 1	beginner
10:30 am - 11:30 am	Dance Fitness	Studio 1	beginner / intermediate
6:00 pm - 7:00 pm	20,20,20	Studio 1	beginner / intermediate