

rhaglen dosbarth ymarfer corff

Brecon Leisure Centre

Accurate as of 27/04/2024

Times for Friday 24 September



Time	Session	Facility	Level
9:30 am - 10:30 am	WOD	stiwidio 2	
6:00 pm - 7:00 pm	Dosbarth Kettlebells	stiwidio 1	