

# rhaglen dosbarth ymarfer corff

## Brecon Leisure Centre

Accurate as of 18/04/2024

### Times for Thursday 18 April



Time	Session	Facility	Level
9:30 am - 10:30 am	Dosbarth Pump	stiwidio 2	
10:45 am - 11:45 am	Dosbarth AAA	stiwidio 1	
5:30 pm - 6:30 pm	Seiclo dan do	Indoor Cycling Studio	
5:45 pm - 6:45 pm	Dosbarth Pump	stiwidio 2	
7:00 pm - 8:00 pm	Ymarfer Cylched	prif neuadd	
7:00 pm - 8:00 pm	Tynhau ac Ymestyn	stiwidio 2	