


# exercise class programme

## Woking Sportsbox

Accurate as of 09/05/2024

Times for Tuesday 16 August				
Time	Session	Facility	Level	
6:00 pm - 7:00 pm	Yoga	studio 2	all levels	
7:00 pm - 7:45 pm	Body Pump	studio 1	all levels	
7:15 pm - 8:00 pm	Legs, Bums & Tums	studio 2	all levels	