

exercise class programme

Woking Sportsbox

Accurate as of 20/04/2024

Times for Saturday 20 August



Time	Session	Facility	Level
9:00 am - 9:45 am	Body Attack	studio 2	all levels
9:15 am - 10:00 am	Ballet Fitness	studio 1	all levels
10:00 am - 11:00 am	Body Balance	studio 2	all levels
10:15 am - 11:15 am	Zumba	studio 1	all levels