

# exercise class programme

## Woking Sportsbox

Accurate as of 03/05/2024

### Times for Tuesday 23 April



Time	Session	Facility	Level
9:30 am - 10:30 am	Yoga	studio 2	
6:00 pm - 7:00 pm	Yoga	studio 2	all levels
7:00 pm - 7:45 pm	Body Pump	studio 1	all levels
7:15 pm - 8:00 pm	Legs, Bums & Tums	studio 2	all levels