

Les Mills Virtual™

Pershore Leisure Centre

Accurate as of 22/04/2026

Times for Monday 27 April



| Time | Session | Facility |
|---------------|--------------|----------|
| 06:40 - 07:10 | SPRINT™ | Studio |
| 07:15 - 08:15 | BODYBALANCE™ | Studio |
| 09:15 - 10:00 | RPM™ | Studio |
| 15:40 - 16:40 | BODYPUMP™ | Studio |
| 21:10 - 21:40 | BARRE™ | Studio |