Les Mills Virtual™
Pershore Leisure Centre

Accurate as of 08/11/2026

Times for Monday 9 November

Time	Session	Facility
06:40 - 07:10	SPRINT™	Studio
07:15 - 08:15	BODYBALANCE™	Studio
15:40 - 16:40	BODYPUMP™	Studio
21:10 - 21:40	BARRE™	Studio