Les Mills Virtual™
Pershore Leisure Centre

Accurate as of 08/11/2026

Times for Tuesday 10 November

Time	Session	Facility
07:50 - 08:35	RPM™	Studio
09:00 - 10:00	BODYBALANCE™	Studio
15:25 - 16:25	BODYCOMBAT™	Studio
16:30 - 17:15	THE TRIP™	Studio
21:10 - 21:40	SPRINT™	Studio