Les Mills Virtual™
Pershore Leisure Centre

Accurate as of 08/11/2026

Times for Wednesday 11 November

Time	Session	Facility
06:40 - 07:10	SPRINT™	Studio
07:15 - 08:15	BODYATTACK™	Studio
12:30 - 13:15	RPM™	Studio
13:20 - 14:20	BODYPUMP™	Studio
15:30 - 16:15	THE TRIP™	Studio
16:20 - 16:50	BARRE™	Studio
21:10 - 21:40	CORE™	Studio