

# exercise class programme

## Wheatsheaf

Accurate as of 23/04/2024

### Times for Saturday 25 September



Time	Session	Facility	Level
8:00 am - 9:00 am	Functional Fitness	studio	
9:00 am - 9:45 am	Freedom Indoor Cycling	studio	
10:00 am - 11:00 am	Zumba	studio	