exercise class programme Wheatsheaf

Accurate as of 03/05/2024

| Times for Sunday 21 April | | | |
|---------------------------|-----------------|-----------|-------|
| Time | Session | Facility | Level |
| 9:00 am - 9:45 am | Synrgy Circuits | studio | |
| 6:00 pm - 6:55 pm | Aqua Zumba | main pool | |